

ACTIVITIES

TIME	VENUE	WHAT'S ON
All day	Cabin TV (Ch.4)	CDTV with Cruise Director Jonny & Assistant Cruise Director Liam
09.00	The Electric Rooms, Deck 12	Sail In Stretch Class with your Fun Fit Host Millie
11.15	Pool Deck, Deck 11	Morning Trivia with your Entertainment Hosts
12.00 13.00	Pool Deck, Deck 11	Marella Music Café: Bring On The Boys Deck Games: Shuffleboard
14.00	Pool Deck, Deck 11 Cinema, Deck 6	Afternoon Trivia with your Entertainment Hosts Afternoon Movie: Explorer
14.00 14.30	The Electric Rooms, Deck 12 Pool Deck, Deck 11	Salsa Class with Specialist Dance Couple Tatan and Ingrid Quiet Time: Relax in the Spanish sunshine
15.00	Pool Deck, Deck 11	Gappy Gap: Fun and games with your Entertainment Hosts
16.00	Pool Deck, Deck 11	Live music on deck from Waves Duo
16.00	The Electric Rooms, Deck 12	Zumba Class with your Fun Fit Host Millie
16.00	The Arts House, Deck 6	Beaded Bracelets: Arts & Crafts fun with your Entertainment Hosts
17.00	The Electric Rooms, Deck 12 Squid & Anchor, Deck 7	Sunset stretches with your Fun Fit Host Millie The Toughest Quiz of the Cruise: Calling all hardcore quizzers, daily tough challenge
17.30	Squid & Anchor, Deck 7	Bingo: Tickets on sale 16.45-17.15 in Squid & Anchor

SHIP EMERGENCY NUMBER:

+441224338952

TIME TO BE BACK ONBOARD:

17.30

Tax Free TAG Heuer

Visit the Deck 7 Broad Street Shops and learn all about TAG Heuer at 21.00 with Carlos for an interactive demonstration and informative Q&A session and see our new on board collections. Why not also take the opportunity to browse our ranges of fine jewellery with Rajiv with exclusive discounts, tonight only.

Broad Street Shops (Deck 7)

18.00-23.00

Onboard
Liquor & Tobacco
launching tomorrow
night - Malaga

Shopping

Choose Any 3 Treatments (75 minutes) – Only £89

- Back, Neck & Shoulder Massage • Full Body Exfoliation
- Nourishing Hand and Arm Massage
- Pressure Point Foot and Ankle Massage
- Skin Specific Mini Facial • Shampoo & Blow Dry

Oceans Spa (Deck 11)

08.00-22.00

Learn how to cleanse your body the natural way, both inside and out, with the help of a body specialist

Pampering

Photographs Into A Next Level!

Why choose a Signature Photoshoot? It's easy to arrange as it only takes 30 minutes. A photoshoot gives you time to relax and enjoy the experience – your photographer knows how to put you at ease in front of the camera. We're sure you'll love the results!

Photo Gallery (Deck 7)

18.00-22.00

IRIS Photography as unique as you! Come to the Photo Gallery for more information

Remembering

Blackjack Tournament

£30 reserves you a seat at the table. Register at the casino cash desk before 19.30. The game starts at 20.00.

The Electric Rooms Casino (Deck 12)

20.00-Late

Machines open
30 minutes
after sailing

Gaming

Platter

Platter's open from mid-afternoon. The menu here's designed for sharing you can pick cheese, meat or veggie boards, and there's a wine list so you can pair your tasty treats with a tippie or two. The dress code is Casual in the afternoon and Smart in the evening. There's a charge to dine here.

Platter (Deck 7)

15.00-20.00

Call 7300
for Room Service.
Charges apply

Indulging

Celebration Cake

Pre-order your celebration cake today! Delivered to a restaurant of your choice. Choose from chocolate, vanilla or strawberry. £19. Please give us 24 hours notice.

Guest Experience Desk (Deck 5)

09.30-10.30
18.00-18.30

Surprise a loved one with a personal message printed in the latest edition of the Cruise News for £4

Enhancing

CRUISE HOLIDAY STORE

Exclusive Onboard Offer: Save An Extra £200 On Selected Winter Sailings!

We're giving you an extra £200 off all sailings departing between October & December 2023. That's along with our exclusive onboard booking offer of a free pre-booked cabin, up to £75pp onboard credit and the online price*.

Deposits start from £100pp.

*T&C's apply.

Opening times: 17.00 - 20.00

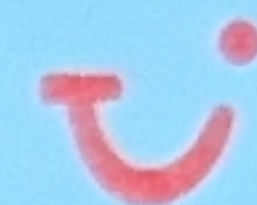
Want To Reach Destinations Our Ships Can't get To?

Our River Cruises may be exactly what you're looking for. Take in some of Europe's most beautiful cities from Budapest and Vienna to Basel and Strasbourg. Sail this July or August and you'll receive an extra £100 discount per booking*.

Visit the team at Cruise Holiday Store, Deck 6 (opposite the Cinema)

*T&C's apply.

CRUISE NEWS



MARELLA
CRUISES

Tuesday 11th July 2023

Magic of Spain

Arrival: 08.00

All On-board: 17.30

Welcome to

Cadiz (For Seville), Spain

From its impressive harbour to its streets packed with Moorish relics, Cadiz is a great introduction to Spain. One minute you can be admiring medieval walls, the next browsing the racks of designer boutiques. It's one of those cities where a new surprise awaits at every turn.

Distance to town: It's around a 10 minute leisurely walk to the centre of town today – just cross-over from the port and you'll find the maze of local streets and squares pretty much on our doorstep.

- Take a look at Cathedral de Cadiz, a take-your-breath-away creation by architect Vicente Acero. Head inside and you'll see its interior is dominated by a beautiful apse.
- Don't miss a chance to visit Seville. Famed for its flamboyant flamenco and fiestas, this fragrant orange tree-lined city has a real zest for life. Admire the famous Gothic cathedral, where Christopher Columbus' tomb lies. Tour the ornate Arabic Alcazar. Then grab a siesta in Parque de Maria Luisa, tasting tapas along the way.
- Take a trip to Jerez, the capital of sherry production and home to the 'cartujano' horses.

Tonight's Performance

Marella Voyager Show Cast Presents...
Rock Rebels

The best of rock. Hotel trashers, guitar smashers get your air guitars ready!

19.30 & 21.30 - Doors open 30 minutes before

PORT INFO

Language: Spanish
Name of pier:
Pier Muelle Ciudad
Ship's local agent:
Mathias Buffet
(+34) 646 916 489
Gangway: Deck 3 using
the blue carpet staircase

WEATHER

Temperature: 28°
Outlook: Partly Cloudy
Sunrise: 07.15
Sunset: 21.45

CURRENCY

Currency: Euros
All countries we visit
are happy to accept cards
and contactless payment.

WHERE & WHEN

Reception Deck 5 - Mid ship	Open 24 hours Please call 5555
Destination Experiences Deck 5 - Mid ship	08.30-10.00 17.00-20.00
Cruise Holiday Store Deck 6 - Mid ship	17.00-20.00
Bike Desk Deck 5 - Mid ship	18.00-20.00
Broad Street Shops Deck 7 - Mid ship	18.00-23.00
Broadway Show Lounge Decks 6 & 7 - Fwd	19.30 21.30
Oceans Spa Deck 11 - Fwd	08.00-22.00
Oceans Gym Deck 12 - Fwd	07.00-20.00
Photo Gallery Deck 7 - Mid ship	18.00-22.00
The Electric Rooms Casino Deck 12 - Fwd	20.00-Late
Mini Golf Deck 10 - Aft	10.00-21.00
Swimming Pools Deck 11 - Mid ship	08.00-19.00
Medical Centre Deck 4 - Fwd	08.30-10.00 18.00-19.30

The Kitchens Deck 11	Bakery/Savouries 06.30-18.00
The Kitchens Deck 11	Breakfast 07.00-11.00
Latitude 53 Deck 5	Breakfast 07.30-09.30
The Kitchens Deck 11	Lunch 11.30-14.00
Snack Shack Deck 11	Lunch 11.00-18.00
Nonna's Deck 11	Lunch 11.30-17.00
Abuela's Deck 11	Lunch 11.30-17.00
Latitude 53 Deck 5	Lunch 12.00-14.00
The Kitchens Deck 11	Afternoon Tea 15.00-17.00
Platter* Deck 7	Dinner 15.00-20.00
The Kitchens Deck 11	Dinner 18.00-21.00
Latitude 53 Deck 6	Dinner 18.00-21.00
Vesta Deck 5	Dinner 18.00-21.00
Silver Fork* Deck 5	Tasting Menu 18.30-20.00
Silver Fork* Deck 5	Dinner 18.30-21.00
Surf & Turf* Deck 7	Dinner 18.00-21.00
Kora La* Deck 7	Dinner 18.30-21.00
Abuela's Deck 11	Dinner 18.30-21.00
Nonna's Deck 11	Dinner 18.30-21.00
The Kitchens Deck 11	Late Night Snack 22.00-00.00
Room Service* Dial 7300	24 hours Book on Navigate (use the "My Cabin" option)

*charge applies

CRUISE NOTICEBOARD

The Crew...

will be exercised in their general emergency duties in a crew drill this morning and the Promenade deck will be used from approximately 10.00. Any announcements made during this time will be for crew training purposes only. Services onboard may be limited during the drill.

Special Dietary Requirements & Requests

If you have any special dietary requirements, allergies or food intolerances, please let one of our Head Waiters or the Restaurant Manager know as soon as possible so we can help.

Explore Cadiz With City Sightseeing

With 12 different stops to hop-on-hop-off, City Sightseeing is a great way to explore Cadiz. Tick off sights such as Cadiz Museum, Genoves Park and Playa Santa Maria. Tickets cost £18 an adult and £9 a child (0-6 years travel for free). The first bus departs at 10.00 and operates every 20 to 30 minutes. You can book via Navigate or the kiosks, and you'll find the City Sightseeing buses outside the main terminal. Just so you know... You'll need to show your ship's ticket when boarding the City Sightseeing bus.

Broad Street Shops

19.30	Sapphire's and Rubies Reception with Kallati
20.00	Citizen talk - Watch Shop
21.00	Let's Talk TAG - TAG Heuer Lounge

Oceans Spa

07.00	Morning stretch - Oceans Gym
07.45	Fab abs - Oceans Gym
08.30	Pathway to yoga £7 - Oceans Gym
11.45	Spa solutions to swollen ankles - Oceans Spa
13.00	Relieving back pain and improving posture - Oceans Gym
16.00	Free sunglow application - Oceans Spa
16.30	Find out about Chinese herbal remedies - Oceans Spa
18.00	Evening stretch - Oceans Gym
19.00	Solution to lower back, knee & hip pain - Oceans Gym

SHORE EXCURSIONS

Shore Excursion Arrangements - Cadiz

If you're joining one of our organised shore excursions today in Cadiz, we ask that you meet through the terminal at the buses 10 minutes before your tour departs. Please don't arrive any earlier as there will not be anywhere for guests to wait whilst ashore. We advise you to have your tickets in hand, so we can easily identify guests who are on a shore excursion. Don't forget to take plenty of water and wear comfortable walking shoes. Have a great day!

Last Minute Availability For Malaga: Magical Mijas

Explore postcard-pretty Mijas, with its whitewashed houses perched high above Fuengirola and Mijas Costa. This place offers up spectacular views of the coast and the mountains. It goes without saying, the village has retained most of its charm and quaint traditions. You'll get plenty of time to wander around, browsing the craft shops and just enjoying that lovely scenery.

4 hours approx. | £39 per adult, £19 per child.

WHAT TO DRINK

Bar Opening Hours

The Coffee Port	Deck 6	07.00-22.00
Pool Bar	Deck 11	10.00-22.00
The Shack	Deck 12	12.00-19.00
The Summer House	Deck 11	10.00-00.00
Flutes	Decks 5 & 6	17.00-22.00
The Arts House	Deck 6	11.00-00.00
Squid & Anchor	Deck 7	15.00-01.00
Aperitif	Deck 7	17.00-23.00
The Exchange	Deck 8	18.00-00.00
The Electric Rooms	Deck 12	17.00-02.00

The Exchange

Can You Find Our Hidden-Away Adults Only Bar?..

Here's a clue, it's somewhere on Deck 8. Once you find it you won't want to leave. The menu here's full of unique cocktails, most of which you won't find anywhere else on the ship.*

The Exchange is open this evening as a non-themed night between 18.00 & 00.00.

*Premium All Inclusive supplement applies in The Exchange and is an Adults Only bar.

FAMILY



M Club (3-11 years) Deck 9 Aft

Pirate Day

09.00-11.00	Closed for Crew Drills
15.00-17.00	Treasure Hunt
19.30-21.30	M Club Party



Mini M Club (under 3's) Deck 9 Aft

Open for families to use from 09.00 - 21.00



Hideout (12-17 years) Deck 12

Hideout is a cool hangout spot open for teens 09.00 - 21.30

MEET THE TEAM



Mayuri Kamble
Shop Staff

Mayuri used to work in duty free shops in Mumbai International Airport and she is now part of our Shops team onboard. This Fashion Designing professional gave up her sewing and dress making skills just to conquer the seven seas! Flam. Norway is the best retiring place for her as the mood is very calm and is close to nature. The ring that she always wears has sentimental value and is very significant for her, as it was a present from her family. She likes Italian dishes like: pizza, pizza, and oh! another pizza!

SPECIAL MESSAGES

Congratulations
on passing your exams,
Faith.

Happy Birthday
Paula and Lynn

Happy Anniversary
Jenni & John!
Lots of Love!
Sandy & Helen

Well Done Rajan
On All Your hard Work -
First Class Degree
With Prize

ENTERTAINMENT

TIME	VENUE	WHAT'S ON
18.30	Flutes, Deck 5	Georgia Pepper is on the keys with all your favourite songs
19.00 - 21.00	Arts House, Deck 6	Iris photographs with your Photo Team
19.15	The Arts House, Deck 6	The Jones are back with more laid back tunes
19.30	Squid & Anchor, Deck 7	Start The Night Right: Rock Rebels
19.30	Broadway Show Lounge, Decks 6 & 7	Marella Show Cast Presents... Rock Rebels: The best of rock. Hotel trashers, guitar smashers get your air guitars ready!
19.45	Flutes, Deck 5	Sit back and enjoy the sounds of Waves Duo
20.00	Squid & Anchor, Deck 7	Live music to get you on the dance floor, with Peter Coxx
20.00	The Electric Rooms, Deck 12 Cinema, Deck 6	Family Disco with your M Club Hosts Evening Movie: Explorer
20.15	The Arts House, Deck 6	Relax with a cocktail to the sounds of Sam Griffiths
20.45	Flutes, Deck 5	Enjoy a cocktail or two while listening to Waves Duo
21.00	Squid & Anchor, Deck 7	Live music to enjoy with a drink, with House Band 4 Tunes
21.15	The Arts House, Deck 6	Georgia Pepper is live at the piano
21.30	Broadway Show Lounge, Decks 6 & 7	Marella Show Cast Presents... Rock Rebels: The best of rock. Hotel trashers, guitar smashers get your air guitars ready!
22.00	The Summer House, Deck 11 Squid & Anchor, Deck 7	The Jones are back to entertain you Enjoy a late night cocktail and live music courtesy of Peter Coxx
22.00	Pool Deck, Deck 11	Happy Hour Deck Party: Tropical dress code for a deck party that is guaranteed to provide those feel good holiday vibes!
22.15	The Arts House, Deck 6	Late night tunes with Georgia Pepper
23.00	Squid & Anchor, Deck 7	All your favourite songs, with Peter Coxx
23.00	The Electric Rooms, Deck 12	Happy Hour After Party: Join your DJ to dance the night away till 02.00. After midnight, The Electric Rooms is an over 18's area
23.15	The Arts House, Deck 6	Enjoy a late night cocktail to the chilled sounds of The Jones