

RISE
AND
DINE


P&O CRUISES

Why not relax and unwind with breakfast in bed?

Fill in your favourites below and hang this
outside your cabin before 10pm.

Please indicate how many of each item within the boxes.

Fruit Juices & Smoothie (v) (gf)	
Orange Juice	
Apple Juice	
Pineapple Juice	
Smoothie of the Day	

Yoghurt (gf)	
Natural (v)	
Fruit	
Soya (v)	

Fruit (v) (gf)	
Grapefruit Segments	
Fruit Salad	

Cereals (v)	
Cornflakes	
Rice Krispies	
Alpen	
All Bran	
Weetabix	
Granola	

From the Bakery (v)	
Croissant	
Pain au Chocolat	
Blueberry Muffin	
Double Chocolate Muffin	
Butter	
Strawberry Jam	
Raspberry Jam	
Honey	

Time	
7.00 - 7.30	
7.30 - 8.00	
8.00 - 8.30	
8.30 - 9.00	
9.00 - 9.30	
9.30 - 10.00	
10.00 - 10.30	
10.30 - 11.00	

No. of people		Cabin no.	
Morning date			
Name			
Signature			

A delivery charge of £2.50 applies

(v) Denotes vegetarian. (gf) Denotes gluten free.

Some of our products may contain allergens. If you are sensitive to any of these, please speak to a member of staff before dining. Please note that some of these dishes may contain nuts or nut extracts.