

HORIZON

Saturday 10 December 2022

Sunrise: 7.56am · Sunset: 4.56pm

Tonight's dress code:

Evening Casual

Casual separates or dresses, open-neck polo shirts and casual trousers (not shorts). Smart dark denim is fine, but not trainers, football shirts or tracksuits.



Welcome on board Iona

Are you ready to see the world in widescreen? Our newest and most innovative ship, Iona was designed to invite the outdoors in.

Gazing out from the stunning SkyDome, three-tier glass Grand Atrium or the brand-new Conservatory Mini-suite cabins, you're never far from a spectacular view of the ever-changing horizon.

Iona is the greenest member of our fleet and the first British cruise ship to be powered by liquefied natural gas (LNG).

She has a host of unique features including an on-board craft gin distillery, spectacular aerial shows and an Infinity Pool with breathtaking panoramas.

Holidays as varied as you




The ship's clocks will be put forward by one hour at 2.00am tomorrow morning (11 December) to GMT+1.

Holiday Your Way With My Holiday

Our new digital pocket planner is live for dining reservations, booking entertainment in Headliners Theatre & The 710 Club and viewing your account summary. Access to My Holiday is free using the Ship's network. In order for the portal to work correctly, please turn your phone to airplane mode or switch off your mobile data. Connect to the ship's wifi 'P&OCruises_Guest_WIFI'. Then open your browser and head to myholiday.pocruises.com.



Please note any event containing this symbol should be booked via My Holiday or by dialling 7070. 

Visit the My Holiday Assistance Podiums for more information and to help you connect.
Noon-7.00pm Atrium (Deck 7) Midship

Oasis Spa Tour & Raffle

Join us for an introduction to the range of relaxing therapies offered in the Oasis Spa, and enter our Raffle for a chance to win up to £250 worth of Spa Credit. Our loyalty package offers terrific discounts. Choose three signature treatments and receive 10% off your first, 20% off your second and 30% off your third!



Noon-10.00pm Oasis Spa (Deck 6) Forward

Vocalist - Harry Linacre



UK based singer/songwriter Harry Linacre has entertained audiences worldwide since graduating from "The BRIT School" in London. Having featured in both film and radio with the BBC, he brings a show filled with music for all ages and tastes. Let him take you on the journey through his life so far with the sounds of Luther Vandross, Justin Timberlake, Adele, Frankie Valli, Toto and Elton John, plus more!
My Holiday booking required.



10.30pm Headliners Theatre (Decks 6 & 7) Forward

Live Qatar World Cup 2022

Come along and enjoy live coverage World Cup football. (Satellite reception permitting)

3.00pm - Morocco v Portugal
Brodie's (Deck 7) Forward

Watch the World Cup with us and enjoy a selection of our beer - 5 for the price of 4.

7.00pm - England v France
Brodie's (Deck 7) Forward, The Club House (Deck 8) Aft,
Headliners Theatre (Decks 6 & 7) Forward



Introducing Your Captain...

Captain Andrew Wolverson

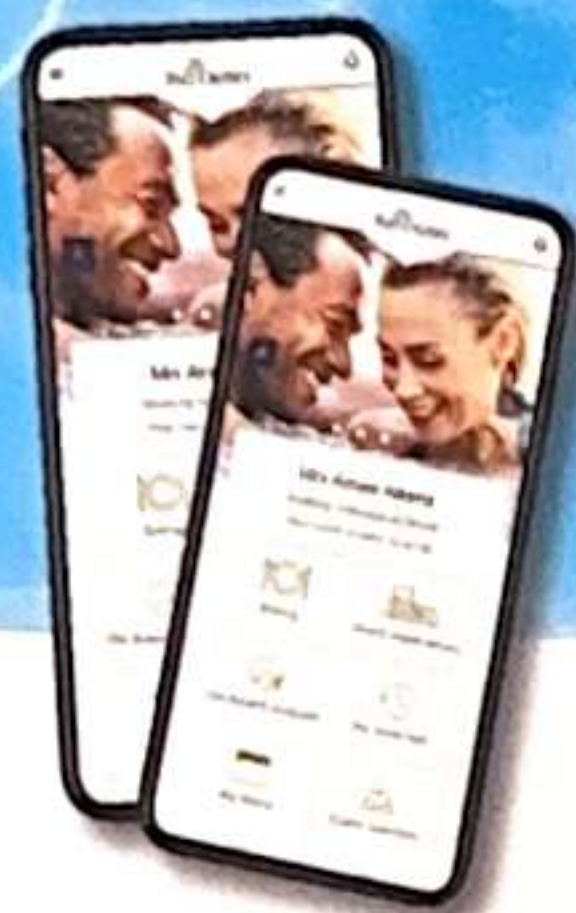
Captain Wolverson began his career at sea as a cadet with P&O Cruises in 2000. Over the years, he has sailed around the world on a variety of vessels such as Aurora, Azura, Queen Mary 2 and Britannia. He reached the rank of Captain in 2019 by taking command of Britannia, before joining Iona in the shipyard later that year. The proudest moment of his career came when he was given command of Iona and he feels privileged to take our guests to some of the world's finest ports on this magnificent ship.



P&O CRUISES

Holiday your way with My Holiday

Our digital pocket planner makes life on board a breeze



Book a shore experience



View your on-board account



Book a seat for a show



Make a dining reservation or join a virtual queue

To get started, connect to the ship's free Wi-Fi and visit myholiday.pocruises.com or scan the QR code with your device's camera.



From 12.15pm

12.15pm - MEET THE SPA SPECIALISTS

Whether it's Acupuncture and how Chinese herbs can help relieve common ailments, how to look your absolute best with the latest in skincare rejuvenation techniques or even how to lose those extra pounds and focus on health and wellbeing we have someone available for you. Come and see...

- Dr. Lourdes - Medi-Spa Physician
- Dr. Shivam - Acupuncturist
- Konrad and Akshay - Personal Trainers

Oasis Spa (Deck 6) Forward

2.00pm-5.00pm - CHILDRENS CLUB REGISTRATION

Calling all families travelling with children and teenagers up to 17 years who wish to use the Children's Clubs and are yet to register, please come along to The Reef (Deck 17) Aft to Register and find out more about our fantastic facilities.

Please note, to use The Reef and Scene facilities and join in the activities and events throughout the cruise, registration is essential. Hope to see you there!

The Reef (Deck 17) Midship

3.00pm - SHOP TOUR

Learn about all upcoming events and fantastic promotions available throughout the cruise. Another tour will be held at 4.15pm.

Swarovski Counter (Deck 7) Midship

3.00pm - LIVE QATAR WORLD CUP 2022

Morocco v Portugal. See front page for details.

Brodie's (Deck 7) Forward

4.00pm - FREE FOOTPRINT CLINIC

Join our Foot Specialist at this free seminar and learn what Good Feet can do for you. Free footprint analysis for all who attend.

Oasis Gym (Deck 5) Forward

6.00pm-8.00pm - CHILDRENS CLUB REGISTRATION

See 2.00pm for details.

The Reef (Deck 17) Midship

6.00pm-10.00pm - WELCOME ON BOARD PORTRAIT

See back page for details.

Grand Atrium (Deck 6) Midship

6.30pm - CASINO WELCOME BONUS

See back page for details.

Casino (Deck 7) Forward

6.30pm-7.15pm - PIANO VOCALIST - DAVID REID

Sit back, relax and enjoy some all-time musical favourites from our piano vocalist David Reid.

The Crow's Nest (Deck 17) Forward

6.45pm-7.30pm - COCKTAIL PIANIST - JOSH NESBITT

Sit back, relax and enjoy some all-time musical favourites from our cocktail pianist Josh.

Grand Atrium Piano Bar (Deck 6) Midship

7.00pm - LIVE QATAR WORLD CUP 2022

England v France. See front page for details.

Brodie's (Deck 7) Forward

Headliners Theatre (Decks 6 & 7) Forward

The Club House (Deck 8) Aft

7.00pm - THE 710 CLUB - MAX TOOGOOD-WOLVEY

Born in Hampshire, Max is a Guitar/Vocalist who studied music at ACM Guildford. Since graduating, Max has performed all over the UK for the last 10 years. Max specialises in up-beat, sing along music, from all genres and decades, and strives to keep his audience in high spirits all throughout his performances. Spaces in The 710 Club are limited, please book in advance using My Holiday. Make sure you arrive before the performance begins to guarantee your booking - as seating is first come, first served. The doors will open 30 minutes before the performance starts, so order a drink and enjoy the live music experience.

The 710 Club (Deck 6) Midship

7.00pm - ALL ABOUT LIQUEUR EXPERIENCE TALK

Join our us as they take you on a journey of discovery into our extensive range of liqueurs. Don't forget the UK customs allowance is 4 Litres per person, so take advantage of the duty-free savings today. Limited stock on board.

Duty Free Store (Deck 7) Midship

From 7.30pm

7.30pm - RISE

See back page for details.

SkyDome (Decks 16 & 17) Midship

7.30pm-10.00pm - £5,000 MEGA-JACKPOT BINGO TICKETS PRE-SALE

Tonight only! Get 3 extra chances free, to win the Mega-Jackpot on tomorrow's Bingo when you purchase 'Canoe for Two' or 'Dive Right In' packages. Additionally, purchasing 'Canoe for Two' will get you a free £2 Scratch Card. Avoid the queues and get your tickets early.

Casino (Deck 7) Forward

8.00pm - WELCOME ABOARD JEWELLERY CELEBRATION

Let's start your holiday with a celebration; come join the fine jewellery specialists as we welcome you aboard. With exclusive first night offers, extra discounts on all fine jewellery, plus a free Kallati gift while stocks last.

Fine Jewellery Boutique (Deck 7) Midship

8.45pm - THE 710 CLUB - MAX TOOGOOD-WOLVEY

See 7.00pm for details.

The 710 Club (Deck 6) Midship

8.45pm-9.30pm - COCKTAIL PIANIST - JOSH NESBITT

Cocktail pianist Josh presents more of your favourites.

Grand Atrium Piano Bar (Deck 6) Midship

9.00pm - EXCLUSIVE KALLATI JEWELLERY COLLECTION UNVEILING & FLASH SALE

See back page for details.

Fine Jewellery Boutique (Deck 7) Midship

9.00pm - EXPRESS FACE & NECK YOGA

Join us for an informative and fun Face & Neck Yoga Session, learn all about maintaining that youthful look and feel.

Beauty Boutique (Deck 7) Midship

9.00pm - RISE

See back page for details.

SkyDome (Decks 16 & 17) Midship

9.15pm-10.00pm - PIANO VOCALIST - DAVID REID

David Reid is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

10.15pm-11.00pm - COCKTAIL PIANIST - JOSH NESBITT

Josh is back with more piano classics.

Grand Atrium Piano Bar (Deck 6) Midship

10.15pm-11.00pm - PIANO VOCALIST - DAVID REID

More of your favourites with David Reid.

The Crow's Nest (Deck 17) Forward

10.30pm - VOCALIST - HARRY LINACRE

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

10.30pm-Late - LATE NIGHT AT THE CLUB HOUSE

After an evening of entertainment, the lights turn down and the fun continues into tomorrow. Let the late-night DJ rock you as you step into The Club House after-hours party.

The Club House (Deck 8) Aft

10.30pm - RISE

See back page for details.

SkyDome (Decks 16 & 17) Midship

10.30pm - THE 710 CLUB - MAX TOOGOOD-WOLVEY

See 7.00pm for details.

The 710 Club (Deck 6) Midship

10.30pm-11.00pm - THE LIMELIGHTS

As we unlock the doors for late night Limelight, join our amazing band as they charge up the atmosphere with live music to boost your energy. No bookings are required.

The Limelight Club (Deck 6) Forward

11.15pm-Midnight - THE LIMELIGHTS

See 10.30pm for details.

The Limelight Club (Deck 6) Forward

12.15am - THE 710 CLUB - MAX TOOGOOD-WOLVEY

See 7.00pm for details.

The 710 Club (Deck 6) Midship

Restaurant Opening Times

Dining has never been easier. Log into My Holiday to make your dining reservations for today. If you're in a virtual queue, please don't leave the web page or switch on your data as this may cause you to lose your place in the queue and not received a "table is ready" notification.

Horizon Restaurant (Deck 16) Aft

Lunch	Noon-5.00pm
Dinner	5.30pm-9.30pm
Late Snacks (Port Side, Forward)	11.00pm-1.00am

Using My Holiday join the virtual queue on the day which opens 15 minutes prior to service.

Coral Restaurant (Deck 7) Aft, Pearl, Aqua & Opal Restaurants (Deck 6) Aft

Dinner	5.30pm-9.30pm
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The Quays (Deck 8) Aft

All Day Dining	Noon-9.30pm
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Ripples (Deck 8) Midship

Deck 16 SkyDome	Noon-9.30pm
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Deck 16 SkyDome

Taste 360	Noon-7.00pm
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Sundaes	Noon-8.30pm
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Speciality Restaurants

Join The My Holiday Virtual Queue

The Keel and Cow*

The Glass House*

My Holiday Booking Required

The Olive Grove*

Epicurean Dinner*

The Beach House*

Sindhu*

The Limelight Club*

*Cover charges/Charges apply at Speciality Venues.

For room service dial 5000 (available from 6.00pm)

Dietary Requirements

Dishes from the main menu can be adapted to suit your needs in any of our restaurants including the Horizon. Please speak to our Headwaiters, waiting staff or chefs for assistance.

Bar Opening Times

Beachcomber Bar* (Deck 18) Forward	Noon-7.00pm
Panorama Bar* (Deck 18) Aft	Noon-7.00pm
Vistas Café & Bar (Deck 6) Atrium	Noon-10.00pm
Infinity Bar* (Deck 16) Aft	Noon-10.00pm
Sunset Bar* (Deck 8) Aft	Noon-10.00pm
Laguna Bar (Deck 16) SkyDome	Noon-10.30pm
The Keel and Cow (Deck 8) Atrium	Noon-11.00pm
The Glass House (Deck 7) Atrium	Noon-11.00pm
Crystal Bar (Deck 16) SkyDome	Noon-Late
Emerald Bar (Deck 6) Atrium	Noon-Late
The Crow's Nest (Deck 17) Forward	Noon-Late
Brodie's (Deck 7) Forward	Noon-Late
Anderson's Bar (Deck 6) Midship	4.30pm-11.00pm
The 710 Club (Deck 6) Atrium	6.30pm-Late
Sky Bar (Deck 17) SkyDome	7.00pm-11.00pm
The Club House (Deck 8) Aft	6.00pm-Late
The Limelight Club (Deck 6) Forward	10.30pm-Late

All bars are proud to serve Costa coffee

* Weather Permitting

Responsible Service of Alcohol

Guests under the legal drinking age will not be served alcoholic beverages nor are they to consume alcoholic beverages. Please understand that you may be requested to show proof of age.

Shipboard Services

Reception (Deck 7) Midship is open 24 hours a day and can be contacted by dialling 7070 from any of the ship's telephones.

My Holiday Assistance Podiums - Atrium (Deck 7) Midship
Noon-7.00pm

My Holiday Assistance Line dial 7070 from any of the ship's telephones.
Noon-7.00pm

Voicemail if you have a red light on your cabin phone, you can listen to your message by dialing 9801.

Anderson's Library Bookcases (Deck 6) Midship
Noon-5.00pm

Medical Centre please dial 8880 to make an appointment.
The appointment line is available 8.30am-10.30am & 3.00pm-5.00pm
For any medical emergency, please dial 999.



OPEN FOR REGISTRATION

If you haven't already registered to use the children's facilities online, please attend today's Registration Sessions.

The Reef (Deck 17) Midship
2.00pm-5.00pm & 6.00pm-8.00pm

There is no need to attend The Reef if you have registered your children prior boarding, all information will be sent to your cabins.

Discover More On Board

Swimming Pools

Noon-8.00pm (SkyDome Pool closes at 5.00pm)

Whirlpools

Noon-8.00pm

Oasis Gym (Deck 5) Forward

Noon-7.00pm

Oasis Spa & Health Club (Deck 6) Forward, Tel: 7070

Noon-10.00pm

Oasis Hydrotherapy Suite (Deck 5) Forward

To book your session visit the Oasis Spa Reception or dial 7070.

Noon-8.00pm

The Retreat (Deck 18) Forward

Noon-8.00pm

Shore Experiences (Deck 7) Aft

For guests who have pre-booked a shore experience, tickets will be delivered to your cabins this evening.

1.00pm-7.00pm

Loyalty & Cruise Sales (Deck 7) Aft

Speak to a member of the team today to benefit from exclusive offers including extra on-board spending money and low deposits.

4.00pm-8.00pm

The Photo Hub (Deck 7) Midship

8.00pm-10.00pm

Whitewall Art Gallery (Deck 6) Forward

6.00pm-9.00pm

Casino Slots & Tables (Deck 7) Forward

30 Minutes After Sailing-Late

Shopping On Board

The Harbour Shop (Deck 6) Atrium

Get those holiday essentials, books, games and snacks.
30 Minutes After Sailing-11.00pm

Daily Specials At Market Place (Deck 7) Midship

30 Minutes After Sailing-10.00pm

Avenue Shopping (Deck 7) Midship

30 Minutes After Sailing-11.00pm

Promenade Shop (Deck 8) Atrium

30 Minutes After Sailing-11.00pm

Showing Today At Ocean Studios



Thor Love And Thunder (2022)

Studio 1 - 7.00pm & 10.00pm

Studio 2 - 7.15pm & 10.15pm

Starring: Chris Hemsworth, Natalie Portman, Christian Bale

Rated: 12A

Run Time: 1hrs 58mins

Thor enlists the help of Valkyrie, Korg and ex-girlfriend Jane Foster to fight Gorr the God Butcher, who intends to make the gods extinct.



Jingle All The Way (1996)

Studio 3 - 7.30pm & 10.30pm

Starring: Arnold Schwarzenegger, Sinbad, Phil Hartman

Rated: PG

Running Time: 1hr 29mins

A father vows to get his son a Turbo Man action figure for Christmas. However, every store is sold out, and he must travel all over town and compete with everybody else in order to find one.



Encanto

Studio 4 - 7.30pm

Starring: Stephanie Beatriz (voice),

María Cecilia Botero (voice), John Leguizamo (voice).

Rated: PG for some thematic elements and mild peril.

Running Time: 1hr 42mins

A young Colombian girl has to face the frustration of being the only member of her family without magical powers.



Any event containing this symbol should be booked via My Holiday or by dialling 7070.

Shipboard Information

Muster Station Familiarisation

It is a maritime safety requirement that all guests attend their muster station for familiarisation purposes. Please visit your muster station if you have not already done so where your boarding pass will be scanned to record your attendance. Your allocated muster station is indicated on the back of your cabin door and on your cruise card. There is no need to take your life jacket with you. We ask that all guests watch the life jacket demonstration and P&O Cruises safety video on your cabin TV.

General Emergency Broadcast

At approximately 5.00pm, the Captain will make a broadcast and alarm bells will be sounded for familiarisation purposes only. If you attended your muster station to familiarise yourself throughout the day no action is required. However, we do ask that you listen to this important safety announcement. During this exercise all guest services will be paused.

Wearing Of Face Masks

Whilst we highly recommend that guests wear masks on board, they are only required if you visit the medical centre. There are no medical exemptions and your mask must cover your nose and mouth and be of a good quality (ideally medical grade). Destinations may also require you to wear a mask when ashore.

Smoking And Vaping On Board

Smoking and vaping is not allowed in cabins, on cabin balconies or in public rooms. There are dedicated areas on the open deck where you will find fixed ashtrays at dedicated signs available on: Deck 18 Aft port side and Deck 18 Forward port side for smoking and vaping.

On-Board Account

For your convenience all of our ships operate a 'cash-free' environment with everything priced in Pound Sterling. To make any purchases on board you just need to present your cruise card. Our ships do not accept cash, except at Reception for the settlement of your account. In order for the charges to be posted on to your account you will need to register your credit card or Visa/Master Card Debit card. We cannot accept any prepaid cash/credit cards so if this has inadvertently been registered please contact Reception (Deck 7) Midship, so it can be rectified. Don't forget you can view your account on your cabin TV or by using My Holiday.

Travelling As A Family

For everyone's safety and enjoyment, guests under the age of 18 are not able to use the Casino, The Retreat, The 710 Club or The Limelight Club (after 6.00pm). When enjoying all other bars, we ask that guests under 16 are accompanied by a parent or guardian, and that guests under 13 are accompanied in all main venues.

Casino Regulations

Guests are reminded that according to current UK legislation persons under the age of 18 are not permitted to gamble or be present on the Casino floor. Casino area may be used as a walkthrough. Proof of age may be required. Guests who prefer not to participate in Casino gaming may register with the Casino Manager or Casino Cashier.

Drinking Water

The water from your bathroom taps is safe to drink although the taste may not be quite the same as you are used to at home. Should you wish to drink bottled or canned water during your stay, this can be purchased through Room Service or at any of our bars on board. Iona also has a number of water refill points located around the ship for you to refill your own water bottles.

Register Your Interest In Art

Make sure you visit the art gallery this evening to register your interest in Whitewall Galleries exciting and informative schedule of events during your cruise. Meet your friendly art team and find out more about what they have planned including special VIP events as well as a range of seminars and exhibitions.

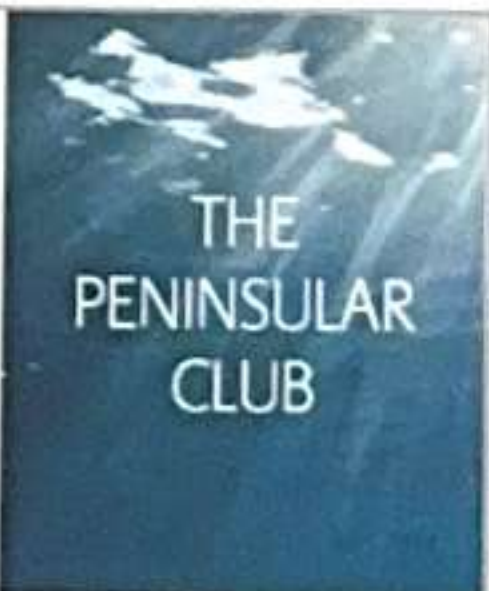
6.00pm-9.00pm Art Gallery (Deck 6) Forward



It's Great To See You Again

Your Loyalty & Cruise Sales Team are here to help you with Peninsular Club loyalty enquiries and make your future cruise bookings. Speak to a member of the team today to benefit from exclusive offers including extra on-board spending money and low deposit.

4.00pm-8.00pm Loyalty & Cruise Sales (Deck 7) Aft



RISE

An amazing flight of imagination where feathers fly, and magic is born. Watch in wonder as colourful peacocks soar high around Iona's SkyDome.

7.30pm, 9.00pm & 10.30pm

SkyDome (Decks 16 & 17) Midship



Wake Up To A Fabulous Breakfast At The Quays

Have you tried breakfast at the Quays yet? Make it full English or try American-style waffles and pancakes. Just choose your tasty way to start the day.

7.30am-10.00am The Quays (Deck 8) Aft



All Inclusive Beverage Packages

Buy an All Inclusive Beverage Package of your choice.

Noon-5.00pm Ripples (Deck 8) Midship



Make The Most Of Your Time Ashore

With so much to see and do why not make use of our varied shore experience programme. There are many different options, so we have something for everyone. The ship will always wait for all P&O Cruises experiences to return before sailing for our next port of call so for a relaxing and enjoyable time ashore. Visit us or log into My Holiday to book.

1.00pm-7.00pm Shore Experiences (Deck 7) Aft



Exclusive Kallati Jewellery Collection Unveiling & Flash Sale

Join us as we unveil our new and exciting Kallati Jewellery Collection. See and try on some of the rarest gemstones in the world! Tonight only, we have some never-before-seen discounts, don't miss out on these crazy prices. Prize draw for all those who attend.

9.00pm Fine Jewellery Boutique (Deck 7) Midship



Relax In The Privacy Of The Retreat

It's truly time to relax and unwind. Introducing the serene and tranquil surroundings of The Retreat. Sit back and relax on one of our stunning day beds, and perhaps enjoy a free smoothie or fruit platter as you take in the panoramic ocean views. Spaces are limited, so book your VIP access today.

Noon-8.00pm The Retreat (Deck 18) Forward



£5 Free Slot Play

Wager your first £20 in the machines and we will gift you £5 of free play. See our friendly casino staff for more details.

30 Minutes After Sailing-Late Casino (Deck 7) Forward



Welcome On Board Portrait

Join our team of friendly photographers and have some fun with our P&O telegraph portrait in the Atrium this evening.

6.00pm-10.00pm Grand Atrium (Deck 6) Midship



Snowman Clues On A Cruise

Keep your eyes peeled throughout December for our Snowman Hunt, a time to remember. Each day we'll be 'chilling' in a different spot around Iona, with a new clue in the Horizon to help you guess the location of our Snowman! The Snowman will stay in the location all day so make sure you take a photo when you find them.

