

HORIZON

Discover more on board Iona

A dynamic live music event

Thursday 15 December 2022

Sunrise: 8.43am - Sunset: 4.30pm | Weather: Sunny and Light Winds | Temp: 2°C

Tonight's dress code:

Evening Casual

Casual separates or dresses, open-neck polo shirts and casual trousers (not shorts). Smart dark denim is fine, but not trainers, football shirts or tracksuits.



Enjoy Your Day In Rotterdam

All aboard: 7.30pm



With its modern skyline, industrial port and hard-working heritage, the Netherlands' second city has always been outshone by its pretty sibling Amsterdam, the quaint capital. However, Rotterdam offers something for everyone - those who love the hustle and bustle of city life and those searching for peace and tranquillity.

Currency: € Euro

Euro for your purchases whilst ashore are on sale at Reception. Please note, we cannot accept foreign coins and 500 Euro notes.

Concierge Postage Rate

Please see Reception to post any mail today which will be charged to your on-board account. Last post leaves the ship two hours before departure.

Should you have any queries or concerns while you are ashore, please contact our Port Agent:

Patrick van Wijland

55 North Europe, P.O. Box 5696, 3008 AR

Rotterdam, The Netherlands

Email: cruise-nl@s-5.org

Tel.: +31 10 506 2000 (24 hrs)

Mobile: +31 6 22 47 07 59

European Emergency Number

112 is the European emergency number, available free of charge, 24/7, anywhere in the European Union. Citizens can dial 112 to reach the emergency services, including the police, emergency medical services and the fire brigade.

To contact Iona: Tel: 00870 7732 58564

Debit/credit card details will be required to call this number.

Relaxation Spa Package

Pamper yourself with all these treatments. 50 minutes for only £89.

- Swedish or Deep Tissue Back Massage
- Soothing Scalp Massage
- Foot and Ankle Massage
- Neck and Shoulder Massage
- Collagen Eye Treatment

Today only. Call the Oasis Spa on 7070 or visit us to book your appointment.

8.00am-10.00pm Oasis Spa (Deck 6) Forward



25% Off Selected Fragrances & Skincare Products

One day only we bring you 25% off selected fragrances & skincare. We all love a beauty bargain especially when it's on our favourite well known fragrance & skincare brands. Why not pop in and stock up on your favourite products. Limited stock so be sure to arrive early for the best selection.

30 Minutes After Sailing-11.00pm
Beauty Boutique (Deck 7) Midship

DEAL OF THE DAY

25% OFF

Headliners Theatre Company Presents - Deck The Halls



'Tis the season to be jolly so join the Headliners Theatre Company for an evening of festive fun. We celebrate the season with songs made famous by artists such as Slade, Shakin' Stevens, Elton John and Wizzard. So here it is.....Merry Christmas! My holiday booking required

8.30pm & 10.30pm Headliners Theatre (Decks 6 & 7) Forward



The Voxens

Critically acclaimed singers who have performed worldwide from New York to The Albert Hall, and performed back up for major recording artists. The Voxens combine styles to perform epic numbers with a unique diva style.

7.30pm, 9.00pm & 10.30pm SkyDome (Decks 16 & 17) Midship



Gold With Party Band, PULSE

The chance to relive the days of perms, shoulder pads and acid washed jeans. It's time to celebrate the golden magic of the 80s! Feel the decade come alive with Killer DJ sets and live music from our resident party band, PULSE.

PULSE will be performing at 8.00pm, 9.30pm & 11.00pm.

8.00pm-11.00pm The Club House (Deck 8) Aft





Portrait of the Day: White

Join us on the White Background, perfect for family photos, couples, or a statement individual portrait.

6.00pm-10.00pm
Grand Atrium
(Deck 6) Midship

THE PHOTO HUB

Explore Ashore...

Going on a Shore Experience?

Here's some handy hints to make it a little easier:

- On arrival in port, please don't head to the gangways until after the 'Welcome' announcement has been made from the bridge
- The gangway locations and coach numbers for tours before 10.15am are shown on the digital screens positioned on all guest staircases.
- Please meet on the quayside for your tour 15 minutes before the departure time.
- Once ashore, the Shore Experiences team will be available to guide you to your specific tour meeting point.
- Have your cruise cards & tour tickets handy as you head to the gangway

Enjoy your experience ashore.

From 7.00am

7.00am - FAB ABS

Enjoy a free fitness class with our Personal Trainer.
Oasis Gym (Deck 5) Forward

8.00am - GUIDED MEDITATION

A technique for resting the mind and attaining a state of consciousness that is different from the normal waking state. Mindful meditation can reduce stress and improve concentration while increasing happiness and overall wellbeing. (A nominal fee applies for this class.)
Oasis Gym (Deck 5) Forward

9.00am - PILATES

A great form of toning and strengthening exercise at 'entry level'. Join our Personal Trainers as they help you stretch and burn calories. (A nominal fee applies for this class.)
Oasis Gym (Deck 5) Forward

9.30am - FAMILY DANCE FITNESS

Family dance session focusing on fun, fitness and vitality for all the family.
The Club House (Deck 8) Aft

10.00am - TRAVELLING SOLO - ASHORE

A chance for solos to meet and make plans to explore ashore. This is an un-hosted event.
Grand Atrium (Deck 6) Midship

11.15am-Noon - SPORTS HUB

Collect all your deck games and sporting equipment. Shuffleboard, Deck Quoits, Table Tennis, Football, Basketball and Golf. (Weather permitting)
Deck Games (Deck 17) Aft, Starboard Side

11.15am - FREE FOOTPRINT CLINIC

Join our Foot Specialist at this free seminar and learn what Good Feet can do for you. Free footprint analysis for all who attend.
Oasis Gym (Deck 5) Forward

11.15am - FACIAL REJUVENATION WALK IN CLINIC

Meet Dr. Lourdes, our on-board facial rejuvenation specialist. Learn why wrinkles form and discover the best solutions for smoother and more youthful-looking skin. Consultations are free.
Oasis Spa (Deck 6) Forward

11.30am - FITSTEPS

A dance fitness class put together by Strictly Dancers Ian Waite and Natalie Lowe. A mix of graceful ballroom and upbeat Latin dance steps in a fun routine to keep you fit. No partner required. Suitable footwear should be worn.
The Limelight Club (Deck 6) Forward

12.15pm - ARCHERY

Try your hand at archery this holiday and take a new skill back home. Suitable footwear should be worn. Weather permitting.
Arena Sports Court (Deck 19) Aft

From 12.30pm

12.30pm - LINE DANCING

Try something fun and different today with a lively line dancing class. All ages and abilities welcome. Suitable footwear should be worn.
The Limelight Club (Deck 6) Forward

1.00pm - INTERACTIVE KARTING

Fun in Brodie's today, as we find out who will be victorious in this interactive karting game!
Brodie's (Deck 7) Forward

1.30pm-5.00pm - SPORTS HUB

Collect all your deck games and sporting equipment. Shuffleboard, Deck Quoits, Table Tennis, Football, Basketball and Golf. (Weather permitting)
Deck Games (Deck 17) Aft, Starboard Side

2.30pm - ALADDIN PANTOMIME

See back page for details.
The Club House (Deck 8) Aft

3.00pm - GOLF PARTEE

This hybrid pong and putt golf game is a hole in one with its easy rules and exciting fun. Suitable footwear should be worn.
The Limelight Club (Deck 6) Forward

3.00pm - EAT MORE TO WEIGH LESS

Let our Personal Trainers show you how eating more can help you increase your energy levels and metabolism, whilst burning fat naturally.
The 710 Club (Deck 6) Midship

4.00pm - YOGA

A fantastic entry level class to help you stretch, de-stress and relax during your cruise. (Please note: a nominal fee applies for this class.)
Oasis Gym (Deck 5) Forward

4.00pm - CHINESE HERBAL REMEDIES

Chinese herbs are amazing for pain, digestion, stress, arthritis, anxiety, weight loss and much more. Safe and effective, herbs can be a natural aid to healing. Come and find out why at our free seminar today.
The 710 Club (Deck 6) Midship

4.00pm - TURTLE TOTS - PIRATE ADVENTURE

Ahoy! Calling all toddlers and their families to come and join in with today's Turtle Tots fun and interactive session, where we take you on a pirate adventure.
The Club House (Deck 8) Aft

5.00pm - INDIVIDUAL QUIZ

Twenty general knowledge questions for individual guests not as teams.
Brodie's (Deck 7) Forward

5.00pm - LGBTQ+ GET TOGETHER

A chance to meet your fellow LGBTQ+ guests in this un-hosted get-together.
The Crow's Nest (Deck 17) Forward

5.00pm - EVENING STRETCH

Enjoy a free fitness class with our Personal Trainer.
Oasis Gym (Deck 5) Forward

6.00pm-10.00pm - PORTRAIT OF THE DAY: WHITE

Join us on the White Background, perfect for family photos, couples, or a statement individual portrait.
Grand Atrium (Deck 6) Midship

7.00pm-7.45pm - BUSKER - MAX TOOGOOD-WOLVEY

Catch the amazing acoustic sounds of our Busker Max Toogood-Wolvey as the backdrop to your holiday.
Brodie's (Deck 7) Forward

7.00pm - THE 710 CLUB - ON THE ROCKS

"My vision for On the Rocks was to recreate your rock favourites with an intimate, edgy spin" - Gary Barlow, Music Director. Spaces in The 710 Club are limited, please book in advance using My Holiday. Make sure you arrive before the performance begins to guarantee your booking - as seating is first come, first served. The doors will open 30 minutes before the performance starts, so order a drink and enjoy the live music experience.
The 710 Club (Deck 6) Midship

8.00pm - 8 O'CLOCK CHALLENGE

Join your Entertainment Host for tonight's challenge.
Brodie's (Deck 7) Forward

From 8.00pm

8.00pm - 8.45pm - GOLD WITH PARTY BAND, PULSE

See front page for details.

The Club House (Deck 8) Aft

8.30pm - HEADLINERS THEATRE COMPANY PRESENTS - DECK THE HALLS

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

8.45pm - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship

8.45pm-9.15pm - BUSKER - MAX TOOGOOD-WOLVEY

Amazing acoustic sounds with Max Toogood-Wolvey

Brodie's (Deck 7) Forward

9.00pm - THE VOXENS

See front page for details.

SkyDome (Decks 16 & 17) Midship

9.15pm-10.00pm - PIANO VOCALIST - DAVID REID

Sit back, relax and enjoy some all-time musical favourites from our piano vocalist David Reid.

The Crow's Nest (Deck 17) Forward

9.30pm - TUDOR WATCHES TALK

See back page for details.

Luxury Watches Boutique (Deck 7) Midship

9.30pm - CLOGAU TALK & FLASH SALE

Learn about the history behind Clogau, the connection to royalty and what makes Welsh gold so unique. Don't forget to see our beautiful collection on board. Our flash sale will run for one hour after the talk.

Fine Jewellery Boutique (Deck 7) Midship

9.30pm - SCATTERGORIES

Your Entertainment Hosts present this fun filled word association game.

Brodie's (Deck 7) Forward

9.30pm-10.15pm - GOLD WITH PARTY BAND, PULSE

See front page for details.

The Club House (Deck 8) Aft

10.15pm-11.00pm - PIANO VOCALIST - DAVID REID

David Reid is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

10.30pm - HEADLINERS THEATRE COMPANY PRESENTS - DECK THE HALLS

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

10.30pm - THE VOXENS

See front page for details.

SkyDome (Decks 16 & 17) Midship

10.30pm - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship

10.30pm-11.00pm - THE LIMELIGHTS

As we unlock the doors for late night Limelight, join our amazing band as they change up the atmosphere with live music to boost your energy. No bookings are required.

The Limelight Club (Deck 6) Forward

10.30pm-11.00pm - BUSKER - MAX TOOGOOD-WOLVEY

Even more amazing sounds from our Busker Max Toogood-Wolvey.

Brodie's (Deck 7) Forward

11.00pm-11.45pm - GOLD WITH PARTY BAND, PULSE

See front page for details.

The Club House (Deck 8) Aft

From 11.15pm

11.15pm-Midnight - BUSKER - MAX TOOGOOD-WOLVEY

Late night acoustic sounds with Max Toogood-Wolvey.

Brodie's (Deck 7) Forward

11.15pm-Midnight - THE LIMELIGHTS

See 10.30pm for details.

The Limelight Club (Deck 6) Forward

11.15pm-Midnight - PIANO VOCALIST - DAVID REID

David Reid is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

Midnight - LATE NIGHT COMEDY WITH MARK MAIER

See back page for details.

The Club House (Deck 8) Aft

12.15am - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship

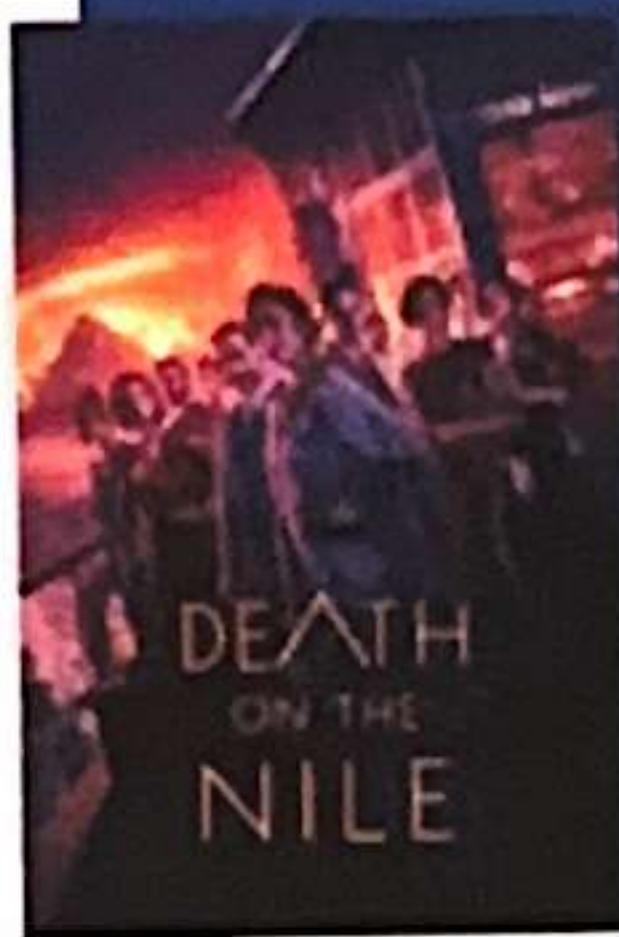
12.30am-Late - LATE NIGHT AT THE CLUB HOUSE

After an evening of entertainment, the lights turn down and the fun continues into tomorrow. Let the late-night DJ rock you as you step into The Club House after-hours party.

The Club House (Deck 8) Aft 3

Booking your space is necessary via My Holiday or by dialling 7070. The majority of our entertainment programme is family friendly, however please see our recommended highlights of the day.

Showing Today At Ocean Studios



Death On The Nile (2022)

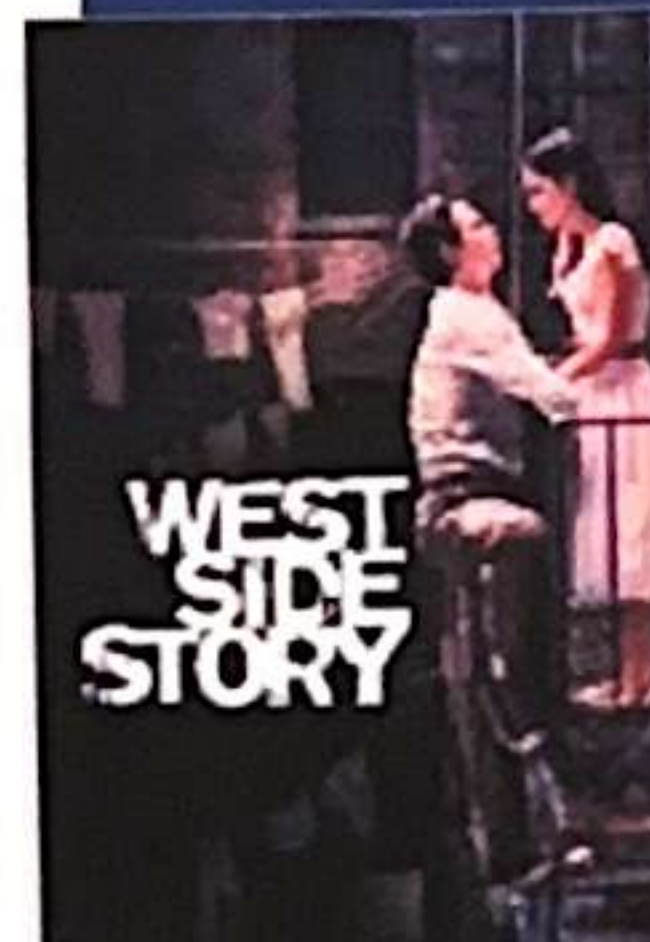
Studio 1 - Noon, 3.00pm, 6.00pm & 9.00pm

Studio 2 - 12.15pm, 3.15pm, 6.15pm & 9.15pm

Starring: Tom Bateman, Annette Bening, Kenneth Branagh

Rated: 12A for violence, some bloody images, and sexual material. Running Time: 127 minutes

While on vacation on the Nile, Hercule Poirot must investigate the murder of a young heiress.



West Side Story

Studio 3 - 3.00pm, 7.00pm & 10.00pm

Starring: Ansel Elgort, Rachel Zegler, Ariana DeBose

Rated: 12A for some strong violence, strong language, thematic content, suggestive material and brief smoking.

Running Time: 2hr 36mins

An adaptation of the 1957 musical, West Side Story explores forbidden love and the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds.



Elf (2003)

Studio 4 - 1.30pm, 4.30pm & 7.30pm

Starring: Will Ferrell, James Caan, Bob Newhart

Rated: PG

Running Time: 1hr 37mins

Raised as an over-sized elf, a human travels from the North Pole to NYC to meet his biological father who doesn't know he exists and is in desperate need of some Christmas spirit.



MORE

money for your holiday

Book on board for exclusive additional spending money and benefits; speak to your Loyalty and Cruise Sales team today.

Low deposit of just £50pp^o

PLUS

Extra on-board spending money^o

^oT&Cs apply