

The Farmer Breakfast

Grilled gammon ham and sunny side up eggs*
baked beans, bacon and a grilled tomato

Kids' Menu

Chocolate chip or banana pancakes

Assortment of muffins and mini croissants

Mini waffles

with wild berries or chocolate sauce, topped with whipped cream

Chocolate chip cookies

Mini French toast

fried with egg and cinnamon

The Fibre Harbour

Hot cereals

oatmeal, cream of wheat, grits
[brown sugar and raisins on request]

Cold cereals

Corn Flakes, Choco-Krispies, Frosties, Müsli, Rice Krispies, All-Bran

Birchermüsli

cereals, plain yogurt, apples, walnuts, and honey

Fruit and Yogurt

Fruit

fruit salad, half grapefruit, selection of fresh fruit, baked apples, stewed prunes, fruit in syrup

Yogurts

assorted fruit flavours, plain, fat-free

Bread spreads

fruit jams, sugar-free preserves, honey, butter and margarine

Beverages

Fruit juices

orange, pineapple, ACE, grapefruit, tomato

Hot drinks

American coffee, decaffeinated coffee, hot chocolate

Selection of teas

Twinings English breakfast, Tetley, Yorkshire Earl Grey, Twinings English breakfast decaffeinated

Infusions

vanilla and raspberry, forest fruits, peppermint

Hot and Crispy

Buttermilk pancakes

Belgian waffles

your choice of toppings: mixed berries, whipped cream, syrup or chocolate topping

Cinnamon raisin French toast with syrup

Baked Just for you

Selection of pastries

croissants, pain au chocolat, multigrain croissants, assorted Danish, muffins, brioches with pearl sugar

Bread

white rolls, wholemeal rolls, pumpnickel, spelt bread, six-grain bread, baguette, toasted white and wholemeal bread, plain bagels, English muffins

MSC Express

Scrambled or fried eggs, bangers sausages, back bacon*

hash brown potatoes, grilled tomato, sautéed mushrooms with garlic and parsley, fried bread, baked beans

Eggs and Omelettes

Your choice of eggs to order*

sunny side up, over easy, boiled, scrambled, or poached

Create your own omelette*

bacon, ham, mushrooms, cheddar cheese, sweet peppers, spinach, tomato, onions, served with hash brown potatoes

Eggs Benedict*

poached eggs on smoked ham and toasted English muffin, covered with Hollandaise sauce and cheese

Poached eggs Florentine*

on toast with spinach and cream sauce

Scrambled eggs with cheese*

On the Side

Cold cuts

salami, cooked ham, mortadella, turkey

Hot sides

English bacon, cooked ham, pork link sausages, bangers, black pudding cake

Vegetables and potatoes

grilled tomatoes, roast mushrooms, hash brown potatoes, sautéed potatoes, baked beans, plum tomato preserve, fried onions

International cheese selection

English cheddar, ricotta, Gouda, Emmental, mild provolone, Stilton

From the Sea

Marinated herrings*

with white wine, vinegar, and onions

Grilled kippers*

sautéed potatoes and lemon wedges

Smoked salmon*

with onions, tomatoes, capers and lemon

Condiments

Mustard, ketchup, mayonnaise, HP sauce, A.1. sauce, tabasco, Lea & Perrins Worcestershire Sauce

* If you have any allergy or sensitivity to specific foods, please notify our staff before ordering.

*Public health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.